



Conscious Sedation Guidelines

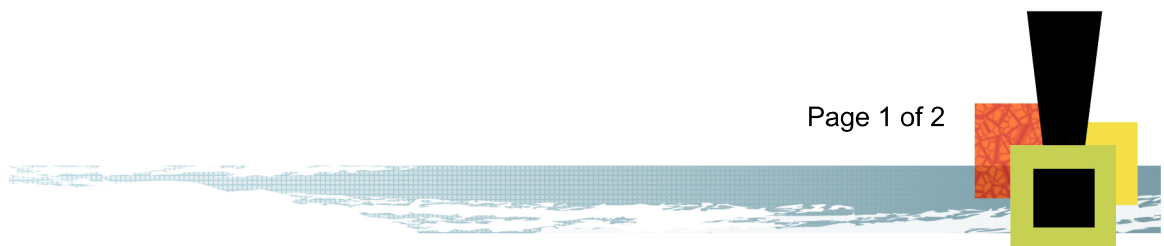
Sedation is recommended for young and/or apprehensive children, children with special needs, or for dental treatment that involves multiple, lengthy procedures. Your child will be given a medication that is taken orally once they arrive for their appointment. Conscious sedation is effective in about 90% of children. The other 10% of children may not be effected at all or may have a paradoxical reaction, meaning they become agitated and uncooperative. If this happens with your child, Dr. Burns will discuss other treatment options with you.

Pre-Sedation Instructions:

1. Your child must not be sick when being sedated. If your child has a fever, cold, or ear infection please call so that the appointment can be rescheduled. If your child has been ill or on antibiotics recently before their appointment, please contact the office so that we may determine if it is necessary to reschedule the sedation.
2. Please have your child go to the bathroom after arriving at the office. Also, it is recommended to bring a change of clothes for your child as children sometimes have accidents when sedated.
3. It is mandatory that your child have no solid foods for at least 6 hours prior to the appointment and only clear liquids (apple juice, water, jello) for up to 4 hours before the appointment. If you forget and your child does eat within the 6 hour window, please let us reschedule the appointment. It can be life-threatening if you do not inform us of food that your child consumed.
4. Once the medication is administered to your child, he/she must remain seated with you. Your child should not walk without help from an adult. He/She will become drowsy and could possibly fall and injure themselves.
5. Before, during, and after the sedation - we will be monitoring your child's vital signs.
6. It is strongly recommended that parents do not bring other young siblings to sedation appointments. The parent will need to give their full attention to the sedated child before and after treatment.

Post-Sedation Instructions:

1. Your child will likely be drowsy for the remainder of the day. Children can not return to school after being sedated. You will need to monitor your child closely, and keep them away from areas of potential harm. Children should not walk without help from an adult.





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2. It is common for children to sleep a lot after being sedated. Keep the child laying on their side with their chin up. Wake your child every 30-60 minutes and encourage them to eat and drink.
3. Remember that your child's mouth will be numb for a couple of hours. **IT IS VERY IMPORTANT THAT YOU DO NOT LET YOUR CHILD SUCK OR CHEW ON THE LIPS OR CHEEKS.** It is very common for children to do this while the mouth is numb. They can injure themselves because they can not feel themselves biting the lips/cheeks.
4. Some children may be nauseous. It is best to start with clear liquids and light, easily digestible foods after the sedation.
5. Please call the office - 830-220-5057 with any questions. If it is after hours - call 830-265-7841.

Response Date:

